

## Refer to Cribs for Kids®

*“More than 1,000 Ohio babies die before their first birthday every year; and our infant mortality rate puts Ohio as the worst in the country.”*

Healthy.ohio.gov



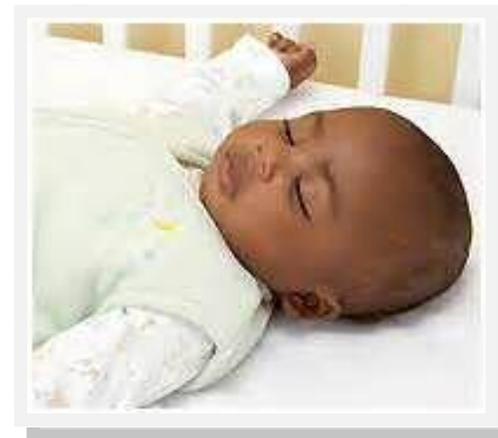
Have a QR reader on your smartphone?  
Scan this QR Code and Download the  
Cribs for Kids® app!

## Eligibility Requirements

- Must be eligible for WIC;
- Does not own a crib and do not have the resources to buy one; and
- If pregnant, must be 32 weeks or more; or
- Baby must be less than 1 year of age and weigh less than 30 pounds.



Trumbull County Combined Health District  
176 Chestnut Ave. N.E.  
Warren, Ohio 44483  
Phone: 330-675-2590 #3  
Fax: 330-675-7875  
**tcbh.org**  
Revised 08-18-2015



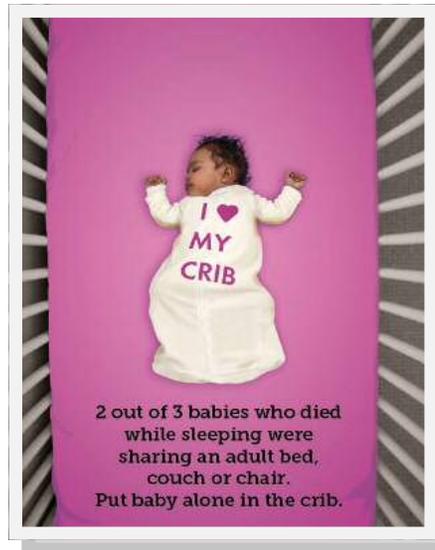
## What is Cribs for Kids?

Since 1998, Cribs for Kids® has been making an impact on the rates of babies dying of accidental, sleep-related death due to unsafe sleeping environments. Cribs for Kids® educates parents and caregivers on the importance of practicing safe sleep for infants, and provides Graco® Pack 'n Play® portable cribs and a Safe Sleep Survival Kit to families who, otherwise, cannot afford a safe place for their babies to sleep.

Through funding made available by ODH; the Trumbull County Health Department has partnered with Cribs for Kids® for those families who are in need of a safe place for baby to sleep.

**To receive a “Survival Kit” the Family must meet the following requirements:** **1)** Family must be WIC eligible; **2)** Family must need a safe place for their baby to sleep; and **3)** the Infant is less than one year old and less than 30 pounds; **or** Mother is at least 32 weeks pregnant. Classes are being held at the Health Department twice a month.

Please call for more information or an appointment at  
330-675-2590 option 3



## Sudden Infant Death (SIDS)

- SIDS is the **leading cause of death in babies 1 month to 1 year of age.**
- Most SIDS deaths happen when babies are between **1 month and 4 months** of age.
- Each year, about 4,000 infants die unexpectedly during sleep time, from SIDS, accidental suffocation, or unknown causes.
- SIDS is not a risk for babies 1 year of age or older.

## Keep your baby safe!

- Baby sleeps by him or herself in a crib, portable crib or bassinet.
- Always put baby to sleep on his or her back even when he can roll over.
- Keep sleep area clear— no pillows, blankets, comforters, stuffed animals or other soft things.
- Keep baby's face uncovered during sleep for easy breathing. Use a sleeper instead of a blanket.
- Don't allow *anyone* to smoke *anything* around baby.
- Don't overheat the baby. Dress the baby in as much or as little clothing as you are wearing.
- Use a firm mattress with a tightly fitted sheet.
- Talk to grandparents, babysitters, and anyone who cares for your baby about the safest way for your baby to sleep.

