



www.babyandmetobaccofree.org



The
BABY & ME –
Tobacco
Free
Program



How to Apply

Contact:

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www.tcchd.org



www.facebook.com/trumbullpublichealth

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“I need to let you know
that quitting smoking is the
BEST thing you can do for the
health of you and your baby.”

Requirements

- Enroll in the BABY & ME – Tobacco Free Program and participate in the 4 prenatal quit smoking sessions.
- Optional - Enroll a partner that lives with you who also wants to quit smoking.
- Quit Smoking and stay quit during your pregnancy.
- Agree to take a monthly breath test to prove you are tobacco free.
- Stay smoke free after your baby is born and you and your partner (if enrolled) will each receive a monthly voucher for free diapers/wipes, for up to 12 months.

Quit Smoking
Get Free Diapers/Wipes
Sign Up Today!