

Did you know...

More than 75 percent of all unintentional injuries occur in our homes and communities.

Unintentional poisoning is the number one cause of unintentional death in America, this includes accidental overdoses and exposure to chemicals!



CREATING HEALTHY COMMUNITIES COALITION NEWSLETTER

Volume: 1, Issue 1

June 2016

Welcome Back,

This month is National Safety Month!

The month of June is annually focused on limiting and preventing injury and death within our workplaces, homes, communities, and during transportation.

The National Safety Council Sponsors four unique topics for each week of June:

- ⇒ **Week 1 (through June 12): Stand Ready to Respond**
- ⇒ **Week 2 (June 13-19): Be Healthy**
- ⇒ **Week 3 (June 20-26): Watch Out for Dangers**
- ⇒ **Week 4 (June 27-30): Share Roads Safely**

#Safe4Life to stay updated on the topic this month!

Our Mission:

Creating Healthy Communities is committed to preventing and reducing chronic disease statewide. Through cross-sector collaboration, we are activating communities to improve access to and affordability of healthy food, increase opportunities for physical activity, and assure tobacco-free living where Ohioans live, work, and play. By implementing sustainable evidence-based strategies, CHC is creating a culture of health.

Making the Healthy Choice the Easy Choice!

Upcoming Meetings

Trumbull County Fair
July 12-17

Third Quarter Coalition Meeting
July 19 @ 9-10:30 a.m.

School Food Service Conference
August 11 @ 8 a.m. - 3:00 p.m.

NATIONAL
SAFETY
MONTH

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WARREN FARMER'S MARKET



Trumbull County Farmers Markets!

Local agencies and townships have begun to open their farmers markets for this season! Throughout this month and the next few months we will see several local farmers markets opening for business. The vendors carry fresh produce, meats, breads, honeys, syrups, jellies, baked goods, and mushrooms!

Trumbull County Locations:

- ⇒ *Howland Farmers Market*, 9am-1pm, Saturdays June 18 through October 15 at Richard E. Orwig Park!
- ⇒ *Bolindale Farmers Market*, 3-6pm on July 21st, August 18th, & September 15th at Bolindale Park!
- ⇒ *Warren City Farmers Market*, Tuesdays June through October 3-6pm, Courthouse Square





Bike to Work/Bike Rodeo

The 5th Annual Bike to Work event occurred on May 20, 2016! The event featured a raffle for prizes such as gift cards, t-shirts, bags, and nutritional supplements, as well as, door prizes for those who showed up! We had 71 registered attendees from seven cities/townships in Trumbull County. In addition to the door prizes, Panera was provided to all of those who attended the event and joined us that morning. This event is increasing in popularity with the highest attendance to date this year!

The Bike Rodeo event was May 14, 2016. Sixteen helmets were given away to local children who joined us for the event and weathered the cold, rainy Saturday morning! The event saw the likes of many people and was a success. We look to build upon this event and encourage the planning of another Bike Rodeo this August!

2016 Food Service Conference

Food service conference fliers have been sent out to over 250 food services workers and management staff. This covers over six counties throughout Northeast Ohio and will likely draw a large crowd this year. This year we will be using *Kahoot!* to evaluate the conference and quiz the attendees on materials learned that day.

Ohio Healthy Program

The Ohio Healthy Program was developed by Healthy Children, Healthy Weights at Columbus Public Health. Their mission is to prevent childhood obesity and promote healthy weight and growth in all children in Ohio, with 5 goals: Increase physical activity, reduce screen time, establish healthy eating habits, promote water first for thirst, and welcome breastfeeding in child care center.

The Trumbull County Combined Health District (TCCHD) is proud to announce that five daycare facilities in Trumbull County have been designated, so far in 2016. The TCCHD will help each facility through the process. You will meet many of the local daycare employees and the children in your facility will learn to eat healthier, get more exercise and the families will continue to use these good habits in the future. This program is available to all daycares and home providers in Trumbull County. There is still room in our classes for your facility and staff to begin this healthy change at your center.

For more information about the Ohio Healthy Programs, and to register for training classes, contact your State OC-CRRA Registry or Marie Economos at economos.2@osu.edu or 330-638-6783 or Jenna Amerine at heamerin@co.trumbull.oh.us or 330-675-7808.



Trumbull County Upcoming Events

June

June 14, 2016 at 9:00 AM & June 16, 2016 at 11:30 AM: St. Joseph's Diabetes Education Classes

June 16: Mercy Health "Health at Home" Workshop at St. Joseph (11am-Noon & 5:30-6:30pm)

June 28 & 29, 9:30 AM - 4 PM: Safe Sitter classes at St. Joseph's Warren Hospital

June 30, (Appointments scheduled from 9-11 a.m.): Grace AME Blood pressure, heart disease, and diabetes screening

July

July 8, Garden Hop - Trumbull Neighborhood Partnership

July 12 at 6:00 PM & July 14 at 8:30 PM: St. Joseph's Diabetes Education Classes

July 14, 12:00PM - 1:30PM: Grace AME Presentation of results from June 30 screenings

July 20 & 21, 9:30 AM - 4 PM: Safe Sitter classes at St. Joseph's Warren Hospital

July 25, 11 AM - 12PM: Mercy Health "Health at Home" Workshop at St. Joseph's

August

August 6th: "National Local Foods Week" & Howland Farmers Market 10th Anniversary!

August 13th: National Farmers Market Week!

August 11, 8 AM - 3 PM: School Food Service Conference, LaBrae High School

September

September 24, 8:30 AM - 12 PM Mahoning Valley Cancer Coalition, Holiday Inn Boardman

For More Information

Jenna Amerine, MPH, CHES

Creating Healthy Communities

Coalition Coordinator

(330) 675-7807



www.facebook.com/trumbullpublichealth